

Northern Freestyle Karate Association



Codes of Conduct

Full refresh and taken to Management Committee	Feb 2026	Robin Harper-Coulson
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Instructors are expected to:

- Ensure the safety of all children by careful supervision, proper pre-planning of sessions, using safe methods at all times.
- Actively encourage all children and not to discriminate on the grounds of religious beliefs, race, gender, social classes or lack of ability.
- Not allow any rough or dangerous play, bullying, or the use of bad language or inappropriate behaviour.
- Always be positive and to promote the objectives of the club at all times.
- Not let any allegations of abuse of any kind to go unchallenged or unrecorded if appropriate. Incidents and accidents to be recorded in the club incident/accident book. Parents will be informed.
- Report accidents or incidents of alleged abuse to the designated person.
- Prevent any horseplay in class, to prevent injuries and protect vulnerable people.
- Administer minor first aid in the presence of others and where required refer more serious incidents to the club "first aider"
- Have access to telephone for immediate contact to emergency services if required.
- Foster team work to ensure the safety of children in their care
- Ensure the rights and responsibilities of children are enforced
- Report suspected abuse to the appropriate designated officer
- Not abuse members physically, emotionally or sexually
- Maintain confidentiality about sensitive information
- Be a role model (disciplined/committed/time keeping), remember children learn by example
- Refrain from smoking and consumption of alcohol during club activities or teaching sessions

Protect themselves from false accusation by,

- Not spending excessive amounts of time alone with children away from others
- Avoid taking children alone in a car on journeys, however short
- Never taking children to their home.
- Not administering First Aid involving the removing of children's clothing unless in the presence of others.

Instructors have a right to:

- Access ongoing training and information on all aspects of leading/managing activities for children, particularly on child protection
- Support in the reporting of suspected abuse
- Fair and equitable treatment by the association.
- Be protected from abuse by children/youths, other adult members and parents
- Not to be left vulnerable when working with children

Children/Young People/Students

Children/Young People/Students are expected to:

- Keep within the defined boundary of the teaching area.
- Behave and listen to all instructions from the instructor.
- Take care of equipment owned by the club.
- Refrain from the use of bad language or racial references.
- Refrain from bullying or persistent use of rough and dangerous play.
- Show respect to other members and leaders
- Keep themselves safe
- Refrain from horseplay
- Report inappropriate behaviour or risky situations for members
- Participate fairly
- Respect instructors and accept decisions
- Show appropriate respect.

Children/Young People/Students have the right to:

- Be safe
- Be listened to
- Be respected
- Privacy
- Enjoy your sport in a protective environment
- Be referred to professional help if needed
- Be protected from abuse by other member or outside sources.
- Participate on an equal basis, appropriate to their ability
- Experience competition and the desire to win
- Be believed
- To ask for help

Any misdemeanours and general misbehaviour will be addressed by the immediate instructor and reported verbally to the designated person. Persistent misbehaviour will result in dismissal from the club. Parents will be informed.

Dismissals can be appealed by the Children/Young People/Students with final decisions taken by the club instructor.

Parents

Parents are expected to:

- Complete and return the licence application form pertaining to their child's participation with Northern Freestyle Karate. There is a legal requirement for parental consent.
- Deliver and collect the child punctually to and from karate sessions/grading/seminars.
- Ensure their child is properly and adequately attired for the weather conditions of the time.
- Detail any health concerns pertaining to the child on the application form, in particular breathing or chest conditions. Any changes in the state of the child's health should be reported to the instructor prior to karate sessions
- To inform the coach prior to departure from training hall if child is to be collected early from a karate session
- Encourage their child to adhere by the rules and teach them that they can only do their best
- Behave responsibly on the sidelines
- Show appreciation and support the instructor
- Ensure their child is punctual
- Collect their child on time
- Be realistic
- Provide their child with proper equipment
- Ensure their child's hygiene and nutritional needs are met
- Acknowledge the importance and role of the club instructors who provide their time free to ensure children's participation in club football
- Promote their child's participation in karate.

Parents/Guardians have the right to:

- Know their child is safe
- Be informed of problems or concerns relating to their children
- Be informed if their child is injured
- Have their consent sought for issues such as competitions.
- Contribute to decisions within the club
- Complain if they have concerns about the standard of instruction

Any misdemeanours and breach of this code of conduct will be dealt with immediately by a Northern Freestyle Karate Association official. Persistent concerns or breaches will result in the parent/guardian being asked not to attend sessions if their attendance is detrimental to the child's welfare.

The ultimate action should a parent/guardian continue to breach the code of behaviour may mean the Northern Freestyle Karate Association officials regrettably asking the child to leave the club.